



CONNECTICUT BELAIR SWIM & TENNIS CLUB

The Connecticut Belair Swim club is looking for a Head Assistant Coach for the 2025 Season. We are looking for a coach with **MCSL experience** and a readiness to work with 150 swimmers in the E Division. Resumes and a list of references should be swimteam@cbpool.net and questions can be sent to Amber Lesniewicz at astoesser@gmail.com. Head Assistant Coach candidates should meet the following expectations:

Swimmer Development

- Assist in the planning and implementation of effective swim training programs for various skill levels and implement the design at morning (5/week) and afternoon (4/week) practices;
- Collaborate with the Head Coach to design and execute drills that focus on skill development and conditioning;
- Provide support for Pre-Team practices;
- Work with swimmers to set and achieve personal goals, both in terms of technique and performance; and
- Provide swimmers with actionable stroke and race feedback during each practice and after meets.

Team Building

- Foster a sense of unity and sportsmanship among team members through team-building activities and events;
- Develop a positive and inclusive team culture that encourages sportsmanship, dedication, and a strong work ethic
- Prioritize and encourage healthy and safe team bonding and spirit; and
- Foster a highly engaged community of swimmers and swim families.

Communication

- Maintain open and effective communication with all stakeholders including the Swim Committee, Swim Team Reps, swimmers, parents, and fellow coaching staff;
- Provide feedback on team needs and concerns to the Head Coach as they arise; and
- Be willing to adjust, adapt, and support the needs of the Swim Team as they arise.