



Making Waves Since 1978

Head Swim Team Coach (2025 Season)

The Quail Valley Marlins Swim Team is looking to fill the position of Head Coach for the 2025 season. Located in Gaithersburg near Montgomery Village. Quail Valley has an excellent reputation as a strong, competitive team with tons of spirit. We are looking for an individual with the experience and dedication to foster all ages of swimmers from 4 to 18 years old. Our team has approximately 90 swimmers and will compete in Division N.

Season Schedule:

- Pre-season afternoon practices begin after Memorial Day 2025
- Full season (morning and afternoon practices) runs from mid-June through late July
- Practices and meets typically held Monday through Saturday

Required Qualifications:

- Minimum age: 18 years
- Proven competitive swimming background
- Previous coaching experience, preferably with MCSL summer swim league
- Current certifications:
 - Lifeguard
 - CPR/AED
 - First Aid
 - Pool Operator
- Comprehensive knowledge of MCSL rules and procedures
- Expertise in teaching all four competitive strokes, starts, and turns
- Ability to teach and improve swimmers' skills for all four strokes, turns, and starts
- Strong leadership, communication and interpersonal skills, organization and management skills, and the ability to work in a positive and supportive manner with children of all ages and ability levels, as well as with their parents and leaders of the club
- Experience with meet management software (SwimTopia preferred)

Essential Responsibilities:

Practice & Meet Management

- Plan and lead all practice sessions (A, B, and Mini teams)
- Develop weekly meet lineups
- Direct team operations at:
 - Weekly A and B meets
 - Time Trials
 - Mini meets
 - Relay Carnival
 - Coaches Long Course
 - Divisionals
 - Relay and Individual All Stars
- Arrive 60 minutes before morning practice to check pool chemistry (mid-June through season end)

Team Leadership & Development

- Mentor and supervise assistant and junior coaches
- Provide constructive technique feedback to swimmers
- Demonstrate proper form and technique to swimmers by providing constructive feedback during practices and meets
- Foster a positive, inclusive team environment
- Participate in team social events and spirit activities
- Maintain clear communication with swimmers, parents, and board members
- Coordinate junior coach scheduling and development

Administrative Duties

- Attend required MCSL coaching clinics and meetings
- Prepare and submit meet-related documentation
- In consultation with coaching staff prepare and submit official paperwork and electronic files as required for every meet including weekly meets, relay carnivals, coaches invitational, divisional, and Allstars meets
- Assist in planning end-of-season awards ceremony
- Regular communication via email regarding upcoming events
- Meet with QV team board as needed to address team matters
- Work with assistant coaches and Jr. Coaches at all practices and meets
- Coordinate and oversee Jr. Coaches practice schedule

Our Ideal Candidate:

- Demonstrates enthusiasm for developing swimmers of all abilities
- Shows strong organizational and leadership capabilities
- Creates an encouraging and competitive team atmosphere
- Brings fresh ideas while respecting and honoring team traditions

For more information about our team, visit: <https://qymarlins.swimtopia.com>

Compensation: Competitive salary based on experience and qualifications. Additional performance incentives available.

To Apply: Please send your resume and a cover letter detailing your coaching philosophy and relevant experience to QVMarlinsSwimTeam@gmail.com