

Dual Meet Swim Up Example 1

Using 4 swimmers to fill all events in **15-18** Age Group:

Swimmer →	1	2	3	4
Freestyle	X	X		X
Backstroke		X	X	X
Butterfly	X	X	X	
Breaststroke	X		X	X
Individual Medley	X	X	X	
Total Age Specific Entries	4	4	4	3
200 Open Medley Relay				

Swimmer 3 is sick and not at meet:

Dual Meet Swim Up Example 1

Using 4 swimmers to fill all events in **15-18** Age Group:

Swimmer →	1	2	3	4
Freestyle	X	X		X
Backstroke		X	X	X
Butterfly	X	X	X	
Breaststroke	X		X	X
Individual Medley	X	X	X	
Total Age Specific Entries	4	4	4	3
200 Open Medley Relay	*	*	*	*

Swimmer 3 is sick and not at meet:

Swimmer →	1	2	3	4
Freestyle	X	X		X
Backstroke		X	Swim Up	X
Butterfly	X	X	Swim Up	
Breaststroke	X		Swim UP	X
Individual Medley	X	X		X
Total Age Specific Entries	4	4	3	4
200 Open Medley Relay	*	*	*	*

Swimmer 4 was not entered in their maximum number of Age Specific Events and must be entered in the Individual Medley before a Swim Up may be utilized. Swim Up's may then be used in the Backstroke, Breaststroke, Butterfly or the slower heat of Freestyle. The 200 Open Medley Relay is open to swimmers of any age so that event would not require a Swim Up.

*Since none of the 15-18 Age Group swimmers has reached their maximum limit of five entries, swimmers 1, 2, 4 or a swimmer being swum up into the 15-18 Age Group to fill another event, could also be entered in the 200 Open Medley Relay.

Dual Meet Swim Up Example 2

Using 4 swimmers to fill all events in 13-14 Age Group (two of these would be entered in the 175 14&U Freestyle Relay):

Swimmer →	1	2	3	4
Freestyle	X	X		X
Backstroke		X	X	X
Butterfly	X	X	X	
Breaststroke	X		X	X
Individual Medley	X	X	X	
175 14&U Freestyle Relay	X	X		
Total Age Specific Entries	5	5	4	3

Swimmer 2 is sick and not at the meet:

Dual Meet Swim Up Example 2

Using 4 swimmers to fill all events in **13-14 Age Group** (two of these would be entered in the 175 14&U Freestyle Relay):

Swimmer →	1	2	3	4
Freestyle	X	X		X
Backstroke		X	X	X
Butterfly	X	X	X	
Breaststroke	X		X	X
Individual Medley	X	X	X	
175 14&U Freestyle Relay	X	X		
Total Age Specific Entries	5	5	4	3

Swimmer 2 is sick and not at the meet:

Swimmer →	1	2	3	4
Freestyle	X	Swim Up		X
Backstroke		Swim Up	X	X
Butterfly	X	Swim Up	X	
Breaststroke	X		X	X
Individual Medley	X		X	X
175 14&U Freestyle Relay	X		X	
Total Age Specific Entries	5	3	5	4

Swimmers 3 & 4 were not entered in their maximum number of Age Specific Events and must be entered in available Age Specific Events before a Swim Up may be utilized. In this case, in order for a Swim Up to be entered in an event swimmer 4 would need to be entered into the Individual Medley and swimmers 3 or 4 would need to be entered in the Freestyle Relay. Swim Up's may then be used in the fastest heat of Freestyle, Backstroke, Butterfly or the slower heat of Freestyle.

Dual Meet Swim Up Example 3

Using 4 swimmers to fill all events in **11-12** Age Group (two of these swimmers would be entered in the 175 14&U Freestyle Relay):

Swimmer →	1	2	3	4
Freestyle	X	X		X
Backstroke		X	X	X
Butterfly	X	X	X	
Breaststroke	X		X	X
175 14&U Freestyle Relay	X	X		
Age Specific Entries	4	4	3	3
12&U Individual Medley				

Swimmer 2 is sick and not at the meet:

Dual Meet Swim Up Example 3

Using 4 swimmers to fill all events in **11-12 Age Group** (two of these swimmers would be entered in the 175 14&U Freestyle Relay):

Swimmer→	1	2	3	4
Freestyle	X	X		X
Backstroke		X	X	X
Butterfly	X	X	X	
Breaststroke	X		X	X
175 14&U Freestyle Relay	X	X		
Age Specific Entries	4	4	3	3
12&U Individual Medley	*	*	*	*

Swimmer 2 is sick and not at the meet:

Swimmer→	1	2	3	4
Freestyle	X	Swim Up		X
Backstroke		Swim Up	X	X
Butterfly	X	Swim Up	X	
Breaststroke	X		X	X
175 14&U Freestyle Relay	X		X	
Age Specific Entries	4	3	4	3
12&U Individual Medley	*	*	*	*

Swimmers 3 & 4 were not entered in their maximum number of Age Specific Events and must be entered in available Age Specific Events before a Swim Up may be utilized. In this case, in order for a Swim Up to be entered in an event either swimmer 3 or swimmer 4 would need to be entered into the 175 14&U Freestyle Relay. Swim Up's may then be used in the fastest heat of Freestyle, Backstroke, Butterfly or the slower heat of Freestyle. The 12&U Individual Medley is open to swimmers in the 12&U, 9-10 and 8&U age groups so that event would not require a Swim Up.

*Since none of the 11-12 Age Group swimmers has reached their maximum limit of five entries, swimmers 1, 3, 4 or a swimmer being swum up into the 11-12 Age Group to fill another event, could also be entered in the 12&U Individual Medley.

Dual Meet Swim Up Example 4

Using 4 swimmers to fill all events in **9-10** Age Group (two of these swimmers would be entered in the 175 14&U Freestyle Relay):

Swimmer →	1	2	3	4
Freestyle	X	X		X
Backstroke		X	X	X
Butterfly	X	X	X	
Breaststroke	X		X	X
175 14&U Free Relay	X	X		
Age Specific Entries	4	4	3	3
12&U Individual Medley				

Swimmer 3 is sick and not at the meet:

Dual Meet Swim Up Example 4

Using 4 swimmers to fill all events in **9-10** Age Group (two of these swimmers would be entered in the 175 14&U Freestyle Relay):

Swimmer→	1	2	3	4
Freestyle	X	X		X
Backstroke		X	X	X
Butterfly	X	X	X	
Breaststroke	X		X	X
175 14&U Free Relay	X	X		
Age Specific Entries	4	4	3	3
12&U Individual Medley	*	*	*	*

Swimmer 3 is sick and not at the meet:

Swimmer→	1	2	3	4
Freestyle	X	X		X
Backstroke		X	Swim Up	X
Butterfly	X	X	Swim Up	
Breaststroke	X		Swim Up	X
175 14&U Free Relay	X	X		
Age Specific Entries	4	4	3	3
12&U Individual Medley	*	*	*	*

In this case, all three swimmers of the correct age were originally entered in the maximum number of Age Specific Events so no adjustments are required to their entries before a Swim Up may be entered. Swim Up's may then be used in the Backstroke, Butterfly, Breaststroke or the slower heat of Freestyle. The 12&U Individual Medley is open to swimmers in the 12&U, 9-10 and 8&U age groups so that event would not require a Swim Up.

*Since none of the 9-10 Age Group swimmers has reached their maximum limit of five entries, swimmers 1, 2, 4 or a swimmer being swum up into the 9-10 Age Group to fill another event, could also be entered in the 12&U Individual Medley.